



SEPTEMBER &
OCTOBER 2022

Recreation OROMOCTO

Building a Healthy Community



TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA
OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE
MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333

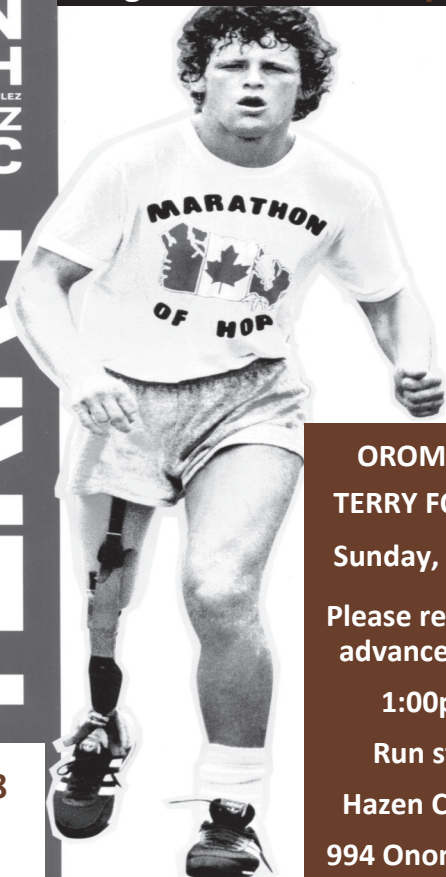


WALK/WHEEL/RIDE

**RUN
WITH**
MARCHEZ/PATINEZ/ROULEZ
**COUREZ
AVEC**

TERRY

**SEPT 18
2022**



Register online at terryfox.org

**OROMOCTO
TERRY FOX RUN
Sunday, Sept 18**

**Please register in
advance online**

1:00pm -

Run starts

**Hazen Centre -
994 Onondaga St**

LOCAL RECREATION ORGANIZATIONS

NB MILITARY FAMILY RESOURCE CENTRE - 422-3352

PSP GAGETOWN - 422-2749

Oromocto Minor Hockey - www.omhahockey.ca

Oromocto Ringette - oromoctoringette@gmail.com

Oromocto Skating Club -

www.oromoctoskaters.yolasite.com

Oromocto Area Minor Football -

www.capitalareafootball.nb.ca

Oromocto Baseball Assoc. - visit their Facebook page

Oromocto Softball Association -

oromoctosoftball@gmail.com

Oromocto Area Soccer Assoc. - www.oromoctosoccer.ca

Oromocto Dragons Judo Club - info@dragonsjudoclub.com

Oromocto Boxing Club - oromoctoboxingclub@gmail.com

Base Gagetown Recreation Association -

www.pspgagetown.nb.ca

Oromocto Youth Bowling (YBC) - rodnitz@rogers.com

Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca

Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311

Oromocto & Area Pickleball Club - visit their Facebook page

TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT

Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events

357-4455

jdunn@oromocto.ca

Laurie Muise - Facilities/ Culture/ Tourism

357-4459

lmuisse@oromocto.ca

Bernie Hurley - Arena/Sport Facilities

bhurley@oromocto.ca

Bill Jarratt - Director

357-4456

bjarratt@oromocto.ca



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

Occupancy Loads:

- ◆ 500 - Standing
- ◆ 365 - Chairs
- ◆ 228 - Liquor license (no dancing)
- ◆ 167 - Liquor license (with dancing)



www.oromocto.ca

For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email lmuse@oromocto.ca.

HOST FAMILIES Wanted!

Every year students in grades 6 to 12 from all over the world choose New Brunswick for a cultural and academic experience. Our school and homestay program is well-recognized and respected in NB and abroad.

Become a host to an international student!

- Learn about a new culture
- Share Canadian cultural experiences
- Create lifelong friendships
- Receive a bi-weekly stipend for hosting
- Access support 24/7 from AEI team

APPLY TODAY!

For more information visit NBISP.CA
Larry Wood larry.wood@nbed.nb.ca
506-476-7634



AEI
Atlantic Education International

NBISP
New Brunswick International Student Program



Contact: 506-999-2102
gfaurbanruralrides@gmail.com

Volunteer drivers needed!
Make a difference in your community.

Are you a senior, a person living with moderate disabilities or a person struggling to afford transportation? Register today!

THE LOWER
RIVER
PASSAGE



MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For more info, please contact:
Nancy Nitz-Ashby (Coordinator) 357-0950
Murry Parlee (President) 357-2543



Problems with your computer? We will help!

Full support for home or business needs

Servers/ Networking/ Wireless

Virus cleanups

Hardware and software support

Remote assistance or onsite support

New & Refurbished Computers

24 Hour turnaround time on most issues

1299 Hanwell Road

Tel: 206-6300

help@pcgirls.ca

www.pcgirls.ca

ADULT FITNESS CLASSES

CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 12 Sept 7:00 - 8:00pm Mondays

Fee: \$96/ 7 wks

Restore Yoga

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/blocks – whatever you need for your practice.

Begins: 14 Sept 7:00 - 8:15pm Wednesdays

Fee: \$96/ 7 wks

In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.

55+ FITNESS CLASSES

55+ Chair Yoga

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 min in duration.

Begins: 12 Sept 10:30 - 11:20am Mondays

Registration begins at 8:45am on 7 Sept

Fee: \$27/ 7 wks

55+ Move Well (Pilates based)

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 16 Sept 10:30 - 11:15am Thursdays

Registration begins at 8:45am on 7 Sept

Fee: \$27/ 7 wks

In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.

NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, contact Samantha at 506-460-6262 or shachey@nbanh.com.

55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

SENIORS' CARD PARTIES

at the Hazen Centre (994 Onondaga St.)

Sunbury Seniors Friendship Group: Fridays @ 7:00pm
Call Doris at 357-5644 for start date

Autumn Years 50 Plus Club : Saturdays @ 7:00pm
Starting Sept 17

55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Oromocto Legion.

Starts: Sept 13 Drop-in fee: \$2

Please call Carmel at 357-5644 for more info.

55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre.

Please call Moe at 357-1808

SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre.

Come and join the fun.

For more info, please call

President Doris Wilson at 357-5644.

AUTUMN YEARS 50 PLUS CLUB

The next meeting will be held on September 13 at 1:00pm at the Oromocto Legion.

LINTUHTINE MUSIC ACADEMY

Lintuhtine Studio

Oromocto Arts & Learning Centre , 137 MacDonald Ave

Info: Helen Mórag McKinnon at eilidhmorag2012@gmail.com or 506-470-1377

FaceBook - Lintuhtine Music Academy - public page



LIKE TO SING???

Choir to resume on Monday, September 12, 2022

Practices & registration at Oromocto Learning Centre.

Due to precautionary measures, we will be practicing in sectionals

Ages teens & including adults

ALL MUST BE at least DOUBLE VACCINATED (proof needed) AND WEAR A MASK.

MEALS ON WHEELS OROMOCTO & AREA VOLUNTEERS URGENTLY NEEDED

Nancy Nitz-Ashby (Coordinator) 357-0950

Murry Parlee (President) 357-2543

OROMOCTO
DENTAL
CENTRE

DR JESSICA NIELSEN
DR JONATHAN GALLANT

202 RESTIGOUCHE RD
(506) 446-3300

NEW BRUNSWICK DEMENTIA FRIENDLY

The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.



If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact Samantha Hachey at 506-460-6262 or shachey@nbanh.com.



RECREATION & PARKS build strong families & healthy communities!

RECREATIONAL ACTIVITIES are essential to the holistic development of children & youth!



**CENTRAL VALLEY
ADULT LEARNING
ASSOCIATION INC.**

137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111
www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn

General Education Development (GED) Program: Classes are completely Free!
Covers the 5 Major subject areas: Math, Science, Social Studies, Reading, and Writing

- Widely recognized as high school equivalency
- DAY and EVENING classes available; Full or Part-time options
- Continuous enrollment so get started at any time



Getting your GED is a great first start to bigger and better things — many of our graduates are already completing college diplomas. We currently have day and evening classes at the Oromocto Arts and Learning Centre and day classes at our Oromocto Hazen Centre location. Monthly GED Testing is also happening in Oromocto now! Contact us to apply to write your GED tests.

Don't wait — contact us today at 357-7892 or admin@cvala.ca to get started!



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning Assoc. Inc



Tues, Sept 13 & Oct 11 The **BOOK CLUB** will meet at 6pm. Meet new people and learn about new books.

Fri, Sept 30 Witches and wizards aged 10 and older grab your robes and join us for our **WELCOME TO HOGWARTS** event. Register for your Hogwarts letter and reserve your spot on the Hogwarts Express at 3:30pm.

Wed starting Sept 14 Enjoy an hour and a half-long **YIN YOGA** class free at the library. Classes start at 6pm. Register weekly starting Thursday for the following week's class.

Fri starting Sept 9 Having an issue downloading from our online library? Want to learn how to set up an email? We book one-on-one **TECH APPOINTMENTS** on Friday mornings.

Sat, Oct 1 We're hosting a special **OPEN HOUSE** from 10am-2pm to showcase all the services the library has to offer. A barbeque, tours, activities, something for everyone!

Wed, Oct 5 We're hosting a **COFFEE KLATCH** at the library. A chance for adults to meet, socialize, and partake in coffee and tea from 2-3pm.

Sat, Oct 8 **ADULT ART** from 2-4pm is a relaxing chance to meet with friends and complete a project or learn a new skill. All materials supplied.

Thurs, Oct 13 We're hosting a **life-sized CLUE GAME** for youth aged 10 and older! Help us solve this library murder mystery at 3:30pm.

Tues, Oct 25 Join us for a **POETRY NIGHT** starting at 6:30pm. Guests are invited to share their own poetry or enjoy others'.

Sat, Oct 29 Join us for a **HALLOWEEN FAMILY FUN DROP-IN**. Toys, games, and art activities will be out all day...a fun drop-in program for the whole family focused on learning through play.

Sat, Oct 29 Join us for a special book club for children and their parent/ guardian. This **FAMILY BOOK CLUB** will have juice, snacks and discussion. Register in advance at the library to pick up your copy of the book. Books are appropriate for ages 8 and up.

Our regular children's programs will start in October.

mercredi **L'heure du conte en Français** pour les enfants. Ce programme amusant inclut des histoires. Tout les mercredis à 2h à partir du 5 octobre.

Thursday **BABIES IN THE LIBRARY** is a 30-minute program for parents or guardians and babies (infants to 18 months) that runs on Tuesday mornings at 10:15am. Our next Babies program will start in November.

Friday We are having a **FAMILY STORYTIME** at 10:15am. Learn important early literacy skills through stories, play, songs, rhymes, and activities.

Fri, Oct 7 & 21 **BUILDING BONANZA** is Friday afternoon at 3:30pm for school-aged children (5 years old and up). Children will explore their inner builder during this hour long program.

Fri, Oct 14 & 28 School-aged children (5 years old and up) looking for a fun challenge should join us for **S.T.E.A.M. STORYTIME** (Science, Technology, Engineering, Art, Math) Fridays at 3:30pm.

Sat, Oct 15 **CATURDAY CREATING CLUB** for youth 12 and older is for Crafting and Technology. The Club will meet from 2:30pm-3:30pm. Every month is a new creation! Please note: no cats will be present for this program.

All library programs are free of charge.
Please register in advance by calling 357-3329.

*For more information and special events
go to www.gnb.ca/publiclibraries
or follow us on Facebook.*

The library offers free Internet access
as well as printing services.

LIBRARY HOURS

Tues & Wed 10:00am – 9:00pm
Thurs, Fri, Sat 10:00am – 5:00pm

The library will be CLOSED October 27.



Community Notices

To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.



OROMOCTO SPORTS WALL OF FAME

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level.

For info, please call Jerry McCann at 687-4420.

HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribbles, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

Behind Fire Station (off MacLaren Ave)
Freeman's Convenience
Oromocto Market Superstore



OROMOCTO HOSPITAL FOUNDATION

The Oromocto Hospital Foundation will hold a Brunch and Silent Auction on **October 15** at the Oromocto Legion.

Tickets are \$20.00. Brunch (Soup and Sandwiches with a few surprises) will be 11:00am - 1:00 pm with the Silent Auction running until 12:30pm. Entertainment will also be on site for the duration of the brunch.

For tickets, please call Evelyn Murdock 458-9692.

St Luke's Thrift Shop open at G335, directly behind St Mary's Chapel

Thrift shop accepting donations and selling a multitude of household and personal items.

Operating hours : Mon & Tue: 1830-2000 ~ Tues & Wed: 1300-1430 ~ Fri: 0930-1100 ~ Sat 1300-1500.

Call 422-4108 or 357-8701 for info.

OROMOCTO QUILTERS

We meet the third Thursday in October and November at 6:30pm at the Hazen Center. Everyone welcome!

Learn new skills or improve old ones. Membership for the year is only \$20.

For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

THE OROMOCTO MARKET, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

Oromocto Pioneer Gardens Cemetery Company Inc.



The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, and executes all matters related to the cemetery.

For more info or to volunteer please contact info@oromoctopioneergardens.ca

SRCSCC 341 NIPIGON SEA CADETS

Are you ready for your next adventure? The Sea Cadet Program may be just what you're looking for!

The Cadet Program is open to youth ages 12-18, has no fee to join and is committed to providing safe, fun, and challenging experiences it's participants won't get anywhere else. Visit our Facebook page for more info!



Town Notices

COUNCIL HIGHLIGHTS for JULY & AUGUST 2022

Appointment of Auditors

Town Council appointed Grant Thornton Chartered Accountants as the Town's auditors for the fiscal 2022 year.

Municipal Designated Highway Program – 5 Year Plan

Council authorized the Town Engineer to submit the Town's proposed 5-year improvements to provincial highways within the Town of Oromocto for 2023-2025 to the Department of Transportation and Infrastructure.

Anglophone West School District/Town of Oromocto Reciprocal Agreement

Council authorized that the Town enter into a reciprocal agreement with Anglophone West School District for the provision of non-commercial community recreation and tourism programs for the period of 01 July 2022 to 30 June 2023.

2021 Annual Report

Council accepted the 2021 Annual Report as presented and authorizes its publication on the Town's website.

Local Governance Reform Advisory Committee

Work continues with the Local Governance Reform Advisory Committee.

HOSPICE SERVICES

Hospice services are now available in the Oromocto area. Volunteers from Oromocto have been trained and are ready to work with individuals and families coping with advanced illness, death and bereavement.

For more information, please visit www.hospicefredericton.ca or email: info@hospicefredericton.ca.



TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at:

Online at www.oromocto.ca/grants-amp-awards



Town of Oromocto Notice of Meetings

Council in Committee:

20 September & 18 October 5:30PM

Regular Session:

22 September & 20 October 5:30PM

TOWN OF OROMOCTO 2022 DOG LICENSE

All dogs must be registered in the Town.

\$20 for neutered male/spayed female dog

\$30 for unneutered male/ unspayed female dog

**PROOF OF RABIES VACCINATION MUST BE PROVIDED
BEFORE DOG LICENSE CAN BE ISSUED**

Licenses may be purchased at these locations:

Oromocto Municipal Office ~ Oromocto SPCA

Oromocto Veterinary Hospital ~ Vets Love Pets



CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

**If you discover any maintenance concerns,
call 357-8155 or e-mail recreation@oromocto.ca**

**NB MILITARY HISTORY MUSEUM
BASE GAGETOWN**

*Tours by appointment only.
Please contact us at
506-422-2000 ext 1304 or
info@nbmilitaryhistorymuseum.ca*



www.nbmilitaryhistorymuseum.ca
Base Gagetown, Building A5



ROTARY CLUB OF
OROMOCTO
NEW BRUNSWICK • CANADA
SERVICE ABOVE SELF SINCE 1982
www.oromocrotorotary.ca



Follow our Facebook Page
"Oromocto Rotary Club"
for more information!



NAPA OROMOCTO
LOCALLY OWNED
273 Restigouche Rd, Oromocto

506-357-8883
WWW.NAPACANADA.COM

**C.B.
WARREN'S
AUTO CARE**
357-2228

9 Seneca St.
Oromocto, N.B.
E2V 2H1

cb.warrensauto@gmail.com
Owner: Chris Warren

ATTENTION PET OWNERS

As per Town By-law 417 **dogs & cats** "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

Please leash your dog & cat in public spaces.

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

Please be responsible and clean up after your pets.

Girl Guides

Everything she wants to be.

*Looking for a place where girls are empowered
to take the lead, jump into awesome activities
and explore what matters to them?*

girlguides.ca/jointoday

1-800-565-8111

TEMPORARY STORAGE SHELTERS

Please be advised that the Town of Oromocto's Zoning By-Law 422, Section 32. (2) requires "Temporary Storage Shelters" assembly be permitted from November 1 to April 30 annually.

"Temporary Storage Shelter" means a commercially manufactured collapsible assembly used for temporary storage.

The cooperation of all property owners, to obtain a permit for their Temporary Storage Shelter, will be appreciated.

*If you have any questions, please contact the
Planning and Compliance office at 357-4500.*

BREAKFAST FUNDRAISERS



September 17

October 15

November 19

OROMOCTO TRAINING & EMPLOYMENT CENTRE
286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5
Monday-Friday 7:30am-4:00pm

For more information, please call 357-3397.