

## JANUARY & 2022 FEBRUARY 2022

## Recreation OROMOCTO

Building a Healthy Community

TO REGISTER: ONLINE at WWW.RECREATIONOROMOCTO.CA OR IN PERSON AT THE MUNICIPAL OFFICES • 4 DOYLE DRIVE MONDAY TO FRIDAY • 8:30AM TO 4:30PM • 357-3333



#### **ADULT FITNESS CLASSES**

#### CentreFit (Pilates)

CentreFit+ is a floor based Pilates inspired workout created and designed by Wendy. This program uses your own body as resistance to continually challenge and engage your core. Each class will help develop a strong and stable core while promoting flexibility, mobility and a touch of cardiovascular challenges.

Must have the ability to get up and down off the floor and be cleared for exercise. Bring your own mat.

Begins: 10 Jan Fee: \$96/ 7 wks 7:00 - 8:00pm Mondays

#### **Restore Yoga**

This Slow Flow Yoga practice includes foundational and restorative poses, breathwork and meditation. Restore Yoga may help to relieve the effects of negative stress and can be beneficial to those seeking a program to help restore their health and well-being. Intended for all levels and beginner friendly. Poses include: some standing/ seated/ kneeling/on back. Must be cleared for exercise and functionally independent.

Must have the ability to get up and down off the floor. Bring own pillow/blanket/mat/.

Begins: 12 Jan 7:00 - 8:15pm Wednesdays Fee: \$96/ 7 wks

In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, we may transition to online classes. If this occurs, refunds will not be provided as classes

will still be offered in virtual form.

### **CHRISTMAS TREE DISPOSAL**

Christmas Trees may be dropped off at the following designated sites until 7 January:



King's Arrow Arena - Next to Parking Area Works Department - 181 Black Watch Ave Formerly known as Carleton Park – end of Saint John Ave Oromocto West - Waasis Road West (BMX & Skate Park)

### KING'S ARROW ARENA FREE PUBLIC SKATING

Friday Sunday 2:30pm to 3:45pm 3:15pm to 4:45pm

Head protection is mandatory for children under the age of 19, and as per the Provincial Public Health mandatory order all patrons 12 years of age and older must have and be able to provide proof of full COVID vaccination, or medical exemption, and a government issued ID to attend.

Masks are mandatory while attending, however may be removed while skating.

Please note that these times may be affected as COVID restrictions change. More days and times may be added as the COVID situation improves.

The arena is closed for Statutory Holidays.

#### TOWN OF OROMOCTO RECREATION AND TOURISM DEPARTMENT Info & online registration at WWW.RECREATIONOROMOCTO.CA

Jackie Dunn - Programs/Special Events Laurie Muise - Facilities/ Culture/ Tourism Bernie Hurley - Arena/Sport Facilities Bill Jarratt - Director

357-4455 357-4459 357-4456 jdunn@oromocto.ca lmuise@oromocto.ca bhurley@oromocto.ca bjarratt@oromocto.ca



The Hazen Park Centre is located on the waterfront where the Oromocto and St. John Rivers meet. The Centre is a great venue for small or large group events including meetings, wedding receptions, family special events and conventions.

#### Occupancy Loads:

- 500 Standing
- 365 Chairs
- 228 Liquor license (no dancing)
- 167 Liquor license (with dancing)



www.oromocto.ca

For additional information on the Hazen Centre, to book an appointment to view or to book your "special event" please call Laurie at 357-4459 or email Imuise@oromocto.ca.

#### MEALS ON WHEELS OROMOCTO & AREA VOLUNTEERS URGENTLY NEEDED

Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

#### HOSPITALS SEEKING HELPING HANDS

Oromocto Public Hospital is currently looking for energetic & outgoing individuals to volunteer a few hours a week. Please consider donating your time and contact Tracey Fraser at 506-452-5322.

#### SUNBURY SENIORS FRIENDSHIP CLUB

Meetings held the 2nd Thursday every month from 1:30 p.m. to 3:30 p.m. at the Hazen Centre. Come and join the fun. For more info, please call Doris Wilson at 357-1770.

#### DID YOU KNOW?

Keeping active can improve many aspects of a Senior's life including cognitive function, physical strength & social interaction!

#### **55+ FITNESS CLASSES**

#### 55+ Chair Yoga \*New time

This Chair Yoga class is a gentle Yoga program that incorporates a chair for added support and comfort. It is designed for the more mature participant. Expect to gain leg strength, improve your balance and flexibility all in a relaxing and positive atmosphere.

Must be cleared for exercise and functionally independent. Note: This class is not held entirely seated. Bring your own mat. Classes will be 50 minutes in duration.

Begins: 10 Jan 10:30 - 11:20am Mondays Registration begins at 8:45am on 6 Jan Fee: \$29/ 7 wks

#### 55+ Move Well (Pilates based) \*New day & time

A Pilates based movement class created and designed by Wendy to fit the needs of the more mature participant. This is a slower-paced/adapted class to improve mobility, balance and increase overall strength.

Must have the ability to get up and down off the floor and be cleared for exercise and functionally independent. Bring your own mat.

Begins: 13 Jan 10:30 - 11:15am Thursdays Registration begins at 8:45am on 6 Jan Fee: \$29/ 7 wks

In the event that our zone goes to a COVID recovery phase that does not allow in-person classes, Wendy may transition to online classes. If this occurs, refunds will not be provided as classes will still be offered in virtual form.

#### 55+ Recycled Teenagers

Mild exercise class held each Monday & Wednesday morning from 9:00 to 10:00am at the Hazen Centre. Please call Helen at 357-6888 for info.

#### 55+ Bridge

Wednesdays from 1:00 to 3:15pm at the Hazen Centre. Please call Moe at 357-1808

#### 55+ Carpet Bowling/ Bean Bag Toss

Every Tuesday and Wednesday morning from 10:30 to 12:00 noon at the Hazen Centre.

Please call Betty at 357-6664.

#### SENIORS' CARD PARTIES at the Hazen Centre (994 Onondaga St.)

Sunbury Seniors Friendship Group: Fridays @ 7:00pm Autum Years 50 Plus Club : Saturdays @ 7:00pm (Starting 18 Sept)

#### HOUSEHOLD GARBAGE SHOULD NOT BE TAKEN TO THE RECYCLE BINS

Acceptable items include: newspapers, cardboard, boxboard, phonebooks, paperback books, magazines, catalogues, white & colored paper, computer paper, scribblers, envelopes, refundable containers (non-glass only), metal food cans, plastic containers, plastic grocery bags and milk cartons.

Behind Fire Station (off MacLaren Ave) Freeman's Convenience Oromocto Market Superstore



## OROMOCTO DENTAL CENTRE

### DR JESSICA NIELSEN DR JONATHAN GALLANT

202 RESTIGOUCHE RD (506) 446-3300

#### LOCAL RECREATION ORGANIZATIONS

#### NB MILITARY FAMILY RESOURCE CENTRE - 422-3352 PSP GAGETOWN - 422-2749

Oromocto Minor Hockey Association - www.omhahockey.ca Oromocto Ringette Association - oromoctoringette@gmail.com Oromocto Skating Club - www.oromoctoskaters.yolasite.com Oromocto Area Minor Football - www.capitalareafootball.nb.ca Oromocto Baseball Assoc.- visit their Facebook page Oromocto Softball Association - oromoctosoftball@gmail.com Oromocto Area Soccer Assoc. - www.oromoctosoccer.ca Oromocto Dragons Judo Club - info@dragonsjudoclub.com Oromocto Boxing Club - oromoctoboxingclub@gmail.com Base Gagetown Recreation Association - www.pspgagetown.nb.ca Oromocto Youth Bowling (YBC) - rodnitz@rogers.com Piranhas Youth Volleyball - nic.boucher@nbed.nb.ca Gage Curling Club - shawn.riggs@forces.gc.ca or 999-2311 Oromocto & Area Pickleball Club - visit their Facebook page

#### TOWN OF OROMOCTO 2022 DOG LICENSE

All dogs must be registered in the Town. \$20 for neutered male/spayed female dog \$30 for unneutered male/ unspayed female dog

#### PROOF OF RABIES VACCINATION MUST BE PROVIDED BEFORE DOG LICENSE CAN BE ISSUED

Licenses may be purchased at these locations: Oromocto Municipal Office ~ Oromocto SPCA Oromocto Veterinary Hospital ~ Vets Love Pets

#### Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Although people who feed wildlife do so with the best of intentions and feel they are looking after the welfare of the wild animals, they should be aware that wildlife should remain wild. Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/page/widepage/By-Laws for By-Law 417 A. The general rule is: "Do not feed wildlife."

### ATTENTION PET OWNERS

As per Town By-law 417 dogs & cats "running at large" or an animal unleashed or unharnessed on any property other than the owner's, excepting those participating in a sanctioned show or event or at a designated off-leash park, is prohibited within Town limits.

#### Please leash your dog & cat in public spaces.

As per Town By-law 417, if an animal defecates on any public or private property, other than the property of its owner, the owner shall remove such feces.

Please be responsible and clean up after your pets.

To register with Patient Connect NB for a primary care provider, please call **811** or visit www.gnb.ca/patientconnectNB.

- Patients will need to provide their name, address, phone number and Medicare number.
- A number of health-related questions will be asked.
- The registry is on a first-come first-serve basis.

Horizon







#### **GATEWAY TRAIL Parking Area Closed** Alternate Trail Access

Please be advised that the Gateway Wetland trail head parking lot and picnic area off Gateway Drive will be closed as construction for the new visitor and interpretive centre will begin.

Most of the trail is still accessible, and parking is available at Canadian Tire Oromocto on Miramichi Road.

A Wetland trail access point is directly across from Canadian Tire and there is a crosswalk leading to it. Please use caution when crossing this busy street.

Another parking and access option is at the end of D'Amours St.



#### CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town maintenance vehicles while visiting.

If you discover any maintenance concerns, call 357-8155 or e-mail recreation@oromocto.ca

### Problems with your computer? We will help!

Full support for home or business needs Servers / Networking / Wireless Virus cleanups Hardware and software support Remote assistance or onsite support New & Refurbished Computers

1299 Hanwell Road Tel: 206-6300 help@pcgirls.ca www.pcgirls.ca

24 Hour turnaround on most issues

## FAY TIDD PUBLIC LIBRARY 357-3329

#### What to expect when visiting your library:

Proof of Vaccination: We ask to see proof of vaccination and a government-issued piece of ID to enter the building.

Face Masks: Masks are mandatory in all indoor spaces. Food and drink are not currently allowed in the library to promote mask use.

Physical Distancing: Please look before you go to keep six feet of distance.

Curb Side Pickup available: If you are unable to enter the building, you can phone 357-3329 during library open hours to have your holds brought out to you.

#### What we offer:

FREE access to over 2 million books, movies, magazines, and CDs with your library card. Our library also has games, musical instruments and skill kits for things like canning and coding available.

Computer Usage: Computer stations are available to book for a half hour.

Printing Services: Printing, photocopying, and faxing are available. Please ask at the information desk. Payment is cash only.

Study Space: There are individual study areas and WiFi available.

Stop in to the library on Saturdays and Tuesday evenings for an EXPRESS STORYTIME. Families and bubbles can drop in and have staff read them a book!

Jan 8 & Feb 12 CRAFTERNOON from 2-4pm is a relaxing chance to meet with friends. Embroidery in January and collaging in February. Please contact the library to register as supplies and space are limited.

Jan 15 & Feb 19 Join us for GAMES @ THE LIBRARY from 2-4pm. Fun for all ages. We have board game classics and some new favourites. Participants are welcome to bring their own games as well.

Jan 29 & Feb 26 Family Fun Drop-In all day. Toys, games, art activities...a fun drop-in program for the whole family focused on learning through play.

**60th Anniversary Cookbook:** The library board has compiled a cookbook of favourite community recipes to celebrate the library's anniversary! Cookbooks are available for purchase at the library for \$10.

For the most current information, please check our website: 10 am to www.gnb.ca/publiclibraries or follow the Fay Tidd Public Library on Facebook.

Wed, Thurs, Fri and Sat: 10 am to 12 pm and 1pm to 4pm

LIBRARY HOURS

Tues: 2pm to 5pm and 6pm to 8pm

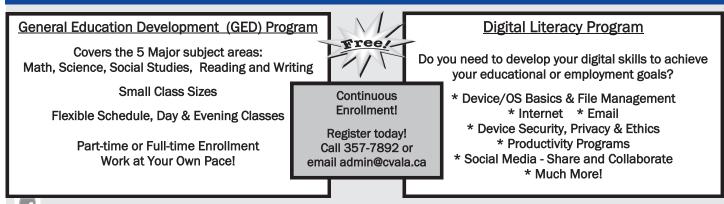


Sunday and Monday: CLOSED





137 MacDonald Avenue, Oromocto, NB E2V 1A6 Phone: (506) 357-7892 Fax: 506-357-4111 www.cvala.ca ~ www.facebook.com/CentralValleyAdultLearningAssn



"Like" us on Facebook to receive news, stories and upcoming events from Central Valley Adult Learning

# **Community Notices**

#### **OROMOCTO SPORTS WALL OF FAME**

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For info, please call Jerry McCann at 687-4420.

#### LINTUHTINE MUSIC ACADEMY Lintuhtine Studio - 137 MacDonald Ave Oromocto Arts & Learning Centre Info: Helen Mórag McKinnon at eilidhmorag2012@gmail.com or 1-506-470-1377



Choir to resume on Jan. 10, 2022 Due to Covid regulations, we will be practicing in sectionals.

Adults & grades 9 - 12 teens Tenors & Basses - 6:00 - 7:15 pm Altos & Sopranos- 7:30 - 8:45 pm Grades 5 - 8 will begin on Jan. 17 -5:00 - 5:45 pm. Registration will be on Wed, Jan. 12 - 4:30 - 5:30pm ALL MUST BE DOUBLE VACCINATED (proof needed) AND WEAR A MASK.

#### **NEW BRUNSWICK DEMENTIA FRIENDLY**



The New Brunswick Dementia Friendly Initiative pilot project is working with New Brunswick communities in better supporting people living with dementia as well as their caregivers.

If you are a caregiver of a person living with dementia and would like to talk to us about your experiences, please contact Samantha Hachey at 506-460-6262 or shachey@nbanh.com.

#### Hazards of Feeding Wildlife in an Urban Area

The Town of Oromocto does not encourage the feeding of wildlife. This practice almost always carries with it negative consequences for the wildlife involved. There are also a number of safety and social concerns for the public, such as the potential increase in vehicle collisions, as well as damage to property and nuisance problems.

Wildlife should derive their food and shelter from natural habitats and under natural conditions. This will help maintain natural adaptations that ensure the long-term survival of the animals themselves, and of the species.

For more info, please visit www.oromocto.ca/page/ widepage/By-Laws for By-Law 417 A. The general rule is: "Do not feed wildlife."

#### St Luke's Thrift Shop open at G335, directly behind St Mary's Chapel

Thrift shop accepting donations and selling a multitude of household and personal items. Operating hours : Mon & Tue: 1830-2000 ~ Tues & Wed: 1300-1430 ~ Fri: 0930-1100 ~ Sat 1300-1500. Call 422-4108 or 357-8701 for info.

#### **OROMOCTO QUILTERS**

We meet the third Thursday in October and November at 6:30pm at the Hazen Center. Everyone welcome! Learn new skills or improve old ones. Membership for the year is only \$20. For more information call Ute Lamb at 440-2131 or email utelamb@gmail.com

**THE OROMOCTO MARKET**, a community co-operative. Check Facebook page for dates. Stop by for lunch, get some shopping done, and meet other members of this wonderful community! Both rooms of the Hazen Centre are full of vendors.

#### **Oromocto Pioneer Gardens Cemetery Company Inc.**



The Oromocto Pioneer Gardens Cemetery Committee is seeking dedicated volunteers to serve on its Board of Directors. This community-based organization manages, organizes, and executes all matters related to the cemetery.

> For more info or to volunteer please contact info@oromoctopioneergardens.ca

#### **SRCSCC 341 NIPIGON SEA CADETS**

Are you ready for your next adventure? The Sea Cadet Program may be just what you're looking for! The Cadet Program is open to youth ages 12-18, has no fee to join and is committed to providing safe, fun, and challenging experiences it's participants won't get anywhere else. Visit our Facebook page for more info!



## **Town Notices**

#### COUNCIL HIGHLIGHTS for NOVEMBER & DECEMBER 2021

#### **Easements at Wood Street Property**

Council gave assent to a new subdivision plan that includes the existing local government service easements at the former Engineering and Public Works compound on Wood Street should that property sell in the future.

#### Authorization to Enter into a Lease Agreement

The Mayor and Chief Administrative Officer were authorized to negotiate and enter into a lease agreement for a property located on Gateway Drive for the purpose of operating a restaurant.

#### Video Surveillance Policy

Council approved a new Video Surveillance Policy. A copy is available for review by contacting the Town Clerk's office at goguen@oromocto.ca or calling 506-357-4442 2022 Budget(s)

Council met on 18 November 2021 and approved the following budgets for the fiscal year 2022 as follows:

**General Operating Budget** - The sum of \$20,660,297 be the total 2022 General Operating Fund budget of the Municipality of Oromocto, that the sum of \$16,897,084 be the Warrant of the Municipality of Oromocto for the ensuing year, and that the tax rates for the Municipality of Oromocto be \$1.4051 and \$1.0085. The Council orders and directs the levying by the Minister of Environment and Local Government of said amount on real property liable to taxation under the Assessment Act within the Municipality of Oromocto.

**2022 Water and Sewerage Utility Operating Fund Budget** - pursuant to subsection 117 (4) of the Local Governance Act, the 2022 Operating Budget for the Water and Sewerage Utility for the Municipality of Oromocto will consist of total revenues of \$ 3,486,351 (three million, four hundred and eighty-six thousand, three hundred and fifty-one dollars) and total expenditures of \$ 3,486,351 (three million, four hundred and eighty-six thousand, three hundred and fifty-one dollars).

**2022 General Capital Fund Budget** - The 2022 General Capital Fund Budget for the Municipality of Oromocto will consist of total expenditures of \$1,643,400 (one million, six hundred and forty-three thousand, four hundred dollars) identified as Pay-As-You-Go from the General Operating Fund.

**2022** Water and Sewerage Capital Fund Budget -The 2022 Water and Sewerage Capital Fund Budget for the Municipality of Oromocto will consist of total expenditures of \$700,000 (seven hundred thousand dollars) with funding from the Gas Tax Fund Programme.

#### **Community Energy Planning**

Council, staff, and various stakeholders met over two days to begin the development of a community energy plan. Over the next year it is a proposed a baseline of the current community energy consumption will be completed and a full action plan developed to work towards reduction of the Town's carbon footprint.

#### Town of Oromocto ~ Notice of Meetings

**Council in Committee:** 18 Jan & 15 Feb 5:30PM

Regular Session:20 Jan & 17 Feb5:30PM



**RECREATION & PARKS** build strong families & healthy communities!

#### **RECREATIONAL ACTIVITIES**

are essential to the holistic development of children & youth!



#### NB MILITARY HISTORY MUSEUM BASE GAGETOWN

Tours by appointment only. Please contact us at 506-422-2000 ext 1304 or info@nbmilitaryhistorymuseum.ca



www.nbmilitaryhistorymuseum.ca Base Gagetown, Building A5

#### TOWN OF OROMOCTO MILLENNIUM AWARD



This award is presented to a deserving Volunteer who has made an outstanding contribution to arts & culture, community service, sports or recreation in Oromocto.

Nomination Forms available at: Online at www.oromocto.ca/grants-amp-awards



## NAPA OROMOCTO

LOCALLY OWNED 273 Restigouche Rd, Oromocto

#### **506-357-8883** www.napacanada.com



**INCLUSION ROOM RENTAL** Looking for the perfect spot to host your function?

Check out OTEC'S Inclusion Room, Capacity: 60 Availability Mon-Fri After 4:00pm, Sat & Sun-All Day

OROMOCTO TRAINING & EMPLOYMENT CENTRE 286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5 Monday-Friday 7:30am-4:00pm

For more info & pricing, contact Brenda Noble Phone: 357 – 3398 or email:bnotec@nb.aibn.com OROMOCTO ROTARY CLUB "Service Above Self" www.oromoctorotary.ca



Watch for 2022 Calendar Sales and Online Auction in November.

Follow our Facebook Page "Oromocto Rotary Club" for more information!



cb.warrensauto@gmail.com Owner: Chris Warren

## Girl Guides

Everything she wants to be.

Looking for a place where girls are empowered to take the lead, jump into awesome activities and explore what matters to them?

girlguides.ca/jointoday

1-800-565-8111



**PRINTING SERVICES** 

Otec provides a small Photocopying, Scanning, Flyers, Brochures just to mention a few.

OROMOCTO TRAINING & EMPLOYMENT CENTRE 286 Restigouche Rd Unit D, Oromocto NB, E2V 2H5 Monday-Friday 7:30am-4:00pm

For more info & pricing, contact Brenda Noble Phone: 357 – 3398 or email:bnotec@nb.aibn.com