

# Recreation Oromocto

## MAY 2012

### TOWN OF OROMOCTO RECREATION AND TOURISM DEPT

Bill Jarratt - Director (357-4456) [bjarratt@oromocto.ca](mailto:bjarratt@oromocto.ca)  
Jackie Dunn - Programs/Special Events (357-4455) [jdunn@oromocto.ca](mailto:jdunn@oromocto.ca)  
Louise Flight - Facilities/Tourism (357-4459) [lflight@oromocto.ca](mailto:lflight@oromocto.ca)  
Wayne Wood - Arena/Sport Facilities (357-8155) [wwood@oromocto.ca](mailto:wwood@oromocto.ca)

PROGRAM REGISTRATION TAKES PLACE AT THE MUNICIPAL BUILDING, 4 DOYLE DRIVE.  
OFFICE HOURS ARE MONDAY TO FRIDAY 8:30AM TO 4:30PM 357-4400 [www.oromocto.ca](http://www.oromocto.ca)

Check out our Leisure Services & Tourism Page on Facebook



### ADVENTURE DAY CAMP (357-4455 FOR INFO)

Our Department offers a quality child-care programme for children entering Kindergarten to entering Grade 5. The ADC operates from 7:30am to 5:30pm, Monday to Friday. Nutritional snacks and special activities are planned in accordance with our weekly themes. A maximum of 30 children per week will be accepted with preferences to those registered for the entire summer. **Fee: \$100 per child/week**

**PAYMENT FOR ALL SELECTED WEEKS MUST BE PAID UPON REGISTRATION.**  
**APPLICATION FORMS ARE AVAILABLE AT OUR OFFICE AT 4 DOYLE DRIVE ON 7 MAY.**  
**The Camp will operate 25 Jun - 31 Aug (except holidays).**

### SPECIALTY CAMPS

Please check out the June Recreation Guide for details (including timings, ages and cost) on our upcoming week-long specialty camps - Basketball, Skate Boarding, Judo, Fire Survival, Music and many other fun activities!

Some tentative dates for July camps are:

**Basketball Camp - July 16-20, Judo Camps - July 16 to 20 & July 23 to 27**  
**Fire Survival Camp - July 23 - 27**

### I-FIT OUTDOOR FITNESS EQUIPMENT COMING SOON!!

**Dr. J.G. White / Dr. M. Soicher / Dr. Tara McCarthy**  
**Optometrists - 1285 Onondaga St., Oromocto**

Eye Examinations, Contact Lens Fitting, Children and Designer Frames Available  
Evaluation for Laser Surgery Vision Correction

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**New Patients Welcome, Please call 357-3392**  
**Office Hours: 8 am - 5 pm Monday to Friday**

## ADULT WELLNESS PROGRAMS (CALL 357-4455 FOR INFO)

### Pilates - Mixed Level

Stretch and strengthen your body with Pilates. Improve your posture, balance, and realign your body. With this class we will introduce & build upon the basic Pilate's principles and fundamental exercises to further increase mobility, flexibility, and strength in the body. You'll love the results!

**Begins: 4 June 7:00 to 8:00pm Mon \$100 / 8 wks**

### Sunrise Fit Camp™

No Excuses! Start your day off right: Join **Sunrise Fit Camp™**. A Proven Fitness & Wellness Program running for over 7 years! This is NOT a Weight Loss Program but a FAT Loss, MUSCLE building program! No membership required! Indoor/Outdoor Sessions!

**Begins: 5 June 6:00-7:00am Tu/Th \$109/ 4 wks**

### Yoga – Mixed Level

Experience Traditional Yoga! Emphasis will be placed on unifying the body, mind and spirit through relaxation, breathing techniques and steady postures. One-on-One attention and class handouts are provided.

**Begins: 6 June 6:30-7:45 pm Wed \$100 / 8 wks**

### Zumba®

Exercise in a party-like atmosphere! Tone & sculpt your body by doing simple, fun and effective moves. The Latin flavour and international rhythms will move your body like never before. NO dance experience required. Open to anyone 16 years of age and up. Join instructor Crystal Daigle and stay fit!

**Begins: 12 June 6:30 to 7:30pm Tue \$59 / 8 wks**

### Recreational Co-ed Badminton

This program will take a non-competitive format and is designed to enhance your fitness level, and provide a fun evening out on Tuesdays from 7:30 to 9:30 p.m. at Harold Peterson Middle School. **For additional info please call Tracey at 357-1820.**

### Recreational Co-ed Volleyball

This program will take a non-competitive format and is designed to enhance your fitness level. Volleyball is being held Thursday evenings at Harold Peterson Middle School 7:30 to 9:30 p.m. **For additional info please call Colleen at 357-3014.**

A Town Resident Rebate will apply to all Wellness Programs!

## ADULT COURSES & WORKSHOPS (CALL 357-4455 FOR INFO)

### Emergency Response Training

TM Cert offers a wide variety of first aid certification including workplace standard and emergency first aid, as well as CPR and AED training. For additional info on up-and-coming courses in Oromocto, please call Trudy at TM Certified Emergency Response Training, 506-470-1135 or visit [www.tmcert.ca](http://www.tmcert.ca)

A Town Resident rebate will apply to all Adult Courses & Workshops

## THE 55+ CORNER

### Carpet Bowling

Enjoy this challenging game every Tuesday and Wednesday morning from 1030am to 12noon. No experience necessary. **For additional info please call Bill at 357-2017.**

### Bridge

A bridge club is established in Oromocto. If you enjoy playing bridge please join us each Wednesday from 1:00 to 3:15pm at the Hazen Park Centre. **For additional info please call Betty at 357-8002.**

### Aquafitness

Designed to enhance fitness level and independent living! The program runs Tuesday and Thursday mornings from 10:00 to 11:00am. **Registration takes place at the Base Pool with the instructor. FREE!**

### 55+ Laughter Yoga

Laughter Yoga is a combination of unconditional laughter and yogic breathing which offers physiological and psychological benefits. The hour would consist of a serious of laughter and deep breathing exercises which result in positive energy to help cope with the stress of daily life and fosters a positive and hopeful attitude. The program takes place on Fridays from 9:00am to 10:00am. **Registration will take place at the Hazen Centre with the instructor. There is no charge for this program.**

### 55+ Summer Club

Summer Club activities are just around the corner! Activities will include card parties, nutrition seminars, exercise classes, computer training, pot-lucks, BBQ's, swimming, craft classes and more! If you have any ideas, please call Oromocto Recreation & Tourism at 357-4455! **The club will kick off the last week of June!**

## YOUTH PROGRAMS (CALL 357-4455 FOR INFO)

### Zumbatomic® (Zumba® for Kids)

The crazy-cool dance fitness workout inspired by Zumba® but for kids! Your child will love to move & groove to hip hop, salsa, reggaeton and more!  
For youth ages 4 to 9 years. **Pre-registration is required!** **Maximum: 18 \$ 32/4 wks**  
**Begins: 28 May Mon 6:00pm - 6:45pm**

### Active Explorers (Ages 2-5 years)

Discover the fun and benefits of physical activity! This program is designed for children and their parents/guardians to participate in age-appropriate movement skills and explore enjoyable activities.  
**Sessions will be held on Thursday mornings.**

A Town Resident rebate will apply to all Youth Programs

## OFN NEWS

The Oromocto First Nation Child & Family Services office would like to thank Marwood, Geomembrane Technologies Inc, and the Town of Oromocto Fire Department and Recreation & Tourism Department. In 2010, with their generous support, we collaborated to build an outdoor ice skating rink for the youth and children of the reserve. **We'd also like to express our sincere appreciation to Chief Roger Atwin and the OFN Band Council for their initial and ongoing support of this project.**



Since its opening the rink has been a great success within the Oromocto First Nations community. In the upcoming year we plan to continue to improve the rink and to do this we rely on the talents and time of volunteers.

**If you or your organization would like to get involved to help us you can contact the Oromocto Child & Family Services office at 357-7220.**

**Again a big thank you to all those involved in helping us provide outdoor fun and recreation for the children of our community.**

### LINTUHTINE MUSIC ACADEMY OF OROMOCTO

With eleven groups under the umbrella of our academy, there is much to choose from - music programs for three & four year and five to eight year olds, youth, teen & adult choirs, tin whistle, ukulele & guitar groups, Highland Dancing and Gaelic. Private lessons are also available in voice, ukulele, tin whistle Gaelic. For further info please call 470 - 1377 or 357 - 3838.

### OROMOCTO'S DISCOVERY GALLERY & GIFT SHOP

**Oromocto Arts & learning Centre, MacDonald Avenue**

HOURS: Monday through Thursday - 11:30 am - 1:30 pm & 6:00 pm - 9:00 pm

Unique gifts available for purchase are jewelry, carvings, knitted goods, original paintings, photography, cards, cross stitch, tatting, etc. For more info please call Brian at 260 - 1768.

## SPORT FIELD RESERVATIONS

**For all Sport Field Reservations (Turf Field/Grass Fields/Ball Diamonds etc..)  
please call 357-8155.**



**Please Check Our Website For Updated Information on Sport Fields!**

**(www.oromocto.ca)**



**Oromocto Community Adult Learning Centre 357-7892**

**137 MacDonald Avenue, Oromocto, NB**

**E.Mail: [oromctolearning@cvala.ca](mailto:oromctolearning@cvala.ca)**

Contact us for more information on these courses:

Computer Basics Course  
The Internet & World Wide Web  
Productivity Programs  
Computer Security & Privacy  
Digital Lifestyles  
Creating an Internet E-Mail Account  
Finding & Evaluating Resources on the Web

GED Preparation classes are offered for free at our centre during the day or evening. Call 446-3850 or send an e-mail to one of our teachers if you would like information.

**Tonya Chedore (Day Classes)**  
[oromcto@cvala.ca](mailto:oromcto@cvala.ca)

**Heidi O'Donnell (Evening Classes)**  
[oromctoevening@cvala.ca](mailto:oromctoevening@cvala.ca)

Our Centre will no longer offer computer access, printing or faxing services.  
We apologize for any inconvenience this may cause.

**NEED A VENUE FOR YOUR "SPECIAL OCCASION"?**

**Hazen Park Centre, 994 Onondaga Street is available for Rent.**

**For additional information please call 357-4459 or e-mail [lflight@oromocto.ca](mailto:lflight@oromocto.ca)**

**RECYCLE NB - LEFTOVER PAINT RECYCLING PROGRAM**

Our local Home Hardware on Restigouche Road is a participating depot for recycling leftover paint.

**For more information about Recycle NB please visit [www.recyclenb.com](http://www.recyclenb.com)**



**BIRTHDAY PARTY AGES 5-10**  
**Book Your Party Today!**  
**Sobeys Community Room**  
**Oromocto**

**EVERYDAY COOKING CLASSES IN THE COMMUNITY ROOM 446-5030**

**May 8 Tues., 6:00-8:00pm Decadent Dinner for Mother**

Strawberry Spinach Salad with Strawberry Poppy Seed Dressing, Pork Tenderloin with Rhubarb Current Chutney  
Mini Chocolate Calewocjes

**May 22 Tues., 12:00-2:00pm Summer Desserts**

Pineapple, Honeydew, and Mango Salad, Lemon Chicken with Moroccan Couscous Salad  
Blueberry Orange Cream Tarts

**To Register Call 357- 4455 Limited to 15 participants**

**May 29 Tues., 6:00-8:00pm Fresh Fish (TBC by Graham)**

**Recipes not available at time of printing.**

## OROMOCTO PUBLIC LIBRARY 357-3329

**May 2 Babies in the Library** will run until June 6 on Wednesday, from 10:15 to 10:45 a.m. This is a program of rhymes, songs, and stories for infants up to 18 months. Please call the library at to register.

**May 5** Children aged 7-13 years old will enjoy this modern **PRINCESS** movie starring Anne Hathaway and Julie Andrews. The movie, based on Meg Cabot's books, will start at 2:00pm and last 115 minutes. It is rated G. Please register in advance 357-3329.

**May 11** The over-fifty crowd is invited to join us for a **DIAMOND JUBILEE BROWSE & BRUNCH** at the library from 9:00 to 10:00am. Meet old friends and make new ones. Please register in advance.

**May 11 FASCINATING FASCINATORS:** Join us at 2:00pm to learn how to make your own "fascinator." We'll supply the know-how while you'll supply the materials and creativity. Anything goes!!! Please register in advance by calling the library at 357-3329.

**May 21** The library will be CLOSED for Victoria Day.

**May 24** Pre-schoolers are invited to the **PRINCESS & KNIGHT FEAST** starting at 10:15am. This fun-filled program includes stories, finger plays and a puppet show. Be sure to dress up as a princess or knight and bring a small snack. No registration required.

**May 26** The library will be holding a **ROYAL TEA** to celebrate the Queen's Diamond Jubilee. The program starts at 2:00pm. There will be prizes for the most fascinating fascinator. Tickets are \$5.00 /person and will be available at the library.

**All Library programs are free of charge.**

### HOURS OF OPERATION

Mon	12:30pm - 8:30pm
Tues & Wed	10:00am - 8:30pm
Thurs	10:00am - 6:00pm
Fri & Sat	10:00am - 5:00pm



## OROMOCTO FIRE DEPARTMENT



This time of year conditions are favorable for grass fires to occur. We should be aware of this and exercise extra care and caution when dry conditions exist.

The **Oromocto Fire Department** would like to remind the public to consider the following rules and hints for grass fire prevention:

If you live in Oromocto and are considering buying or building a fire pit, you should pick up an **Outdoor Fire Permit Form** which describes the requirements. These forms are available at the **Oromocto Fire Department, 50 Miramichi Road. These fire pits must be inspected by the fire department before you use them. If the fire pit passes the inspection, a permit will be issued.**

You are not allowed to burn grass or rubbish within the town limits. You should cultivate an area around your buildings to build a fire guard and you should keep equipment, dead weeds and grass away from your buildings as well.

Before you perform controlled burns you should call the **Department of Natural Resources Burn Number (1-866-458-8080) and the Oromocto Fire Department (357-2201)** to advise them when and where and what you will burn.

**If at any time the grass fire starts to get out of hand do not hesitate to call 911. Do not put yourself in danger. A small fire can spread quickly.**



## TOWN OF OROMOCTO Curbside Spring Cleanup Programme

**7 May to 18 May 2012 inclusive**

### ELIGIBLE ITEMS :

- Pieces of tree, brush, lawn rakings, garden refuse and similar articles, but **NOT appliances, furniture or tires**. Please compost where feasible.
- Lawn rakings and other similar rubbish must be bagged in clear plastic bags and placed at curbside for pick-up.
- Individual bundles or items **SHALL NOT** exceed one meter (1 yard) in greatest dimension nor weigh more than 20 kilograms (44 pounds).

### EXCLUDED ITEMS:

Petroleum, chemical or solvent/paint type products or any hazardous waste is **FORBIDDEN**.

**Recyclable items must be recycled.**

### PICK UP:

Materials **MUST** be placed at curbside no earlier than Mon., 7 May, no later than 7:00 a.m. on Fri., 18 May.

### DROP OFF:

Eligible items can also be taken to the Fredericton Region Solid Waste Commission (1775 Alison Blvd.) Mon-Fri 7:30 am - 5:00 pm & Sat 7:30 am - 3:00 pm

**All residents are encouraged to participate.**

**Contact the Works Department if you have any questions 357-4409**

# COMMUNITY NOTICES



## **PIONEER DAYS/ CANADA DAY CELEBRATIONS**

**28 June to July 2, 2012 CALL FOR VOLUNTEERS**

If you are interested in being a part of the committee or volunteering during the event, please visit our link at [www.romocto.ca](http://www.romocto.ca) for more information.

## **OROMOCTO PUBLIC HOSPITAL FOUNDATION**

**ANNUAL MEETING - 29 May 4:30pm at OPH**

**Elections will be held - All Members Welcome**

## **TOWN OF OROMOCTO NOTICE OF MEETINGS**

**09 & 15 May 5:00pm Council in Committee Meeting      17 May 7:00pm Regular Session**

## **HELPLINE INC, THE OROMOCTO FOOD & CLOTHING BANK**

is looking for a few good people to join our Board.

For more info please contact Kim Gill, Board Chair 461-5698

**HELP US HELP OTHERS!**

## **OROMOCTO SPORTS WALL OF FAME**

Nomination Forms are available at the Town of Oromocto Municipal Building, 4 Doyle Drive, 3rd Level. For additional info please call Jack Matheson at 471-2803

## **MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)**

For More Info Please Contact:

**Nancy Nitz-Ashby (Coordinator) 357-0950**

**Murry Parlee (President) 357-2543**

## **OROMOCTO AREA SOCCER ASSOCIATION REGISTRATION -SUMMER 2012**

**May 08 to May 11 6:30 pm to 8:30 pm**

**FOR MORE INFO PLEASE VISIT OUR WEBSITE:**

**[www.romoctosoccer.goalline.ca](http://www.romoctosoccer.goalline.ca)**

## **OROMOCTO PIONEERS SQUARE DANCE CLUB**

**OHS Cafeteria on Monday Nights**

**Club Dancers/Plus 7:15 pm      Beginners Class/Club Mainstream 8:00pm**

**For more info call Ed Garnett at 446-6058 or 449-0135**

## **DIVORCE CARE SUPPORT GROUP**

**VISIT OUR WEBSITE AT: [WWW.DIVORCECARE.ORG](http://WWW.DIVORCECARE.ORG)**

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**E-Mail: jeanpierrecantin@yahoo.ca**



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[www.romocto.ca](http://www.romocto.ca)

Select the 'Resident' tab for the link or  
contact us at 292-2477

by e-mail: [romoctopioneergardens@rogers.com](mailto:romoctopioneergardens@rogers.com)

**The Cemetery is now open for the  
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contacting us at the above number.**



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# odc

Oromocto Dental Centre Dr. Peter Currie, D.D.S., M.Sc

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**OROMOCTO ROTARY CLUB**  
"Service Above Self"

**Brenda Noble, Rod Johnston, Gwen Burns,  
Valerie Critchlow, Charlotte Deakin-Winter**

For more info on the Rotary Club  
call Bucky Matheson at 357-6018.

**DINNER MEETING - UNITED CHURCH  
MONDAYS 6PM**



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