

TOWN OF OROMOCTO RECREATION AND TOURISM DEPT

Bill Jarratt - Director (357-4456) bjarratt@oromocto.ca
Jackie Dunn - Programs/Special Events (357-4455) jdunn@oromocto.ca
Louise Flight - Facilities/Tourism (357-4459) lflight@oromocto.ca
Bernie Hurley - Arena/Sport Facilities (357-8155) bhurley@oromocto.ca

PROGRAM REGISTRATION TAKES PLACE AT THE MUNICIPAL BUILDING, 4 DOYLE DRIVE.
OFFICE HOURS ARE MONDAY TO FRIDAY 8:30AM TO 4:30PM 357-4400 www.oromocto.ca

Check us out at www.facebook.com/RecreationOromocto



INTERESTED IN WORKING FOR THE TOWN OF OROMOCTO THIS SUMMER?

Student Casual Positions will soon be available, including Recreation, Tourism, Parks & Grounds, Water & Sewer, Marina, Animal Control and Street Maintenance.
Others may be added, so check back often at www.oromocto.ca

SPORT FIELD RESERVATIONS

For all Sport Field Reservations (Turf Field/Grass Fields/Ball Diamonds etc..)
please call 357-8155.

➔ **ALL SPORT FIELDS ARE CLOSED UNTIL FURTHER NOTICE** ←

Please Check Our Website For Updated Information!

Dr. M. Soicher/Dr. Tara McCarthy/Dr. B. Timberlake
Optometrists - 1285 Onondaga St., Oromocto

Eye Examinations, Contact Lens Fitting, Children and Designer Frames Available
Evaluation for Laser Surgery Vision Correction

Examens visuels disponible en français

New Patients Welcome, Please call 357-3392

Office Hours: 8 am - 5 pm Monday to Friday

Check Us Out at: www.facebook.com/oromoctovision

ADULT WELLNESS PROGRAMS

Please call 357-4455 for info. Registration takes place on the 1st level of the Municipal Building.

Kettlebell for Women

Lift to lose! Get that leaner and stronger body with a Kettlebell Workout designed for women by women! Safely learn the basic Kettlebell exercises under the guidance of a fitness coach!

Begins: 1 May 7:00 to 8:00pm Wed \$90/ 6 wks

Yoga Fusion

Join Wendy in this Yoga Fusion class. Enjoy the creative integration of Vinyasa Flow Yoga, Pilates, and Meditation. All levels welcome!

Begins: 13 May 6:30 to 7:20pm Mon \$88/ 7 wks

Pilates: Core Essentials

Core Essentials gives you the key essential exercises you need to keep your back/core strong and provides you with the flexibility gains for pain-free movement.

Begins: 13 May 7:30 to 8:30pm Mon \$88/ 7 wks

****A Town Resident Rebate will apply to all Adult Wellness Programs**

Rec. Co-ed Badminton

This program will take a non-competitive format, is designed to enhance your fitness level, and provide a fun evening out on Tuesdays from 7:30 to 9:30pm at Harold Peterson Middle School. **For additional info, please call Tracey at 357-1820.**

Women's Recreational Basketball

This programme will take a non-competitive format and is designed to enhance your fitness level. Basketball is held Wednesday evenings at Harold Peterson Middle School from 8:00 to 9:30pm. **For additional info, please call Sarah at 260-4664.**

Recreational Co-Ed Volleyball (AGES 19+)

This program will take a non-competitive format and is designed to enhance your fitness level. Volleyball is held Thursday evenings at Harold Peterson Middle School 7:30 to 9:30pm. **For additional info, please call Colleen at 357-3014.**

55+ CORNER

55+ Aquafitness

A great way to stay physically fit! Designed to enhance fitness level and independent living! The program runs Tuesday and Thursday mornings from 10:00 to 11:00am.

Registration will take place at the Base Pool with the instructor. FREE!

55+ Carpet Bowling

Enjoy this challenging game Tuesday and Wednesday morning from 10:30 to 12:00noon at the Hazen Centre

For additional info, call Bill 357-2017.

55+ Bridge

If you enjoy playing bridge, please join us each Wednesday from 1:00 to 3:15pm at the Hazen Park Centre.

For additional info, please call Betty at 357-8002.

55+ Laughter Yoga

Laughter Yoga is a combination of unconditional laughter and yogic breathing which offers physiological and psychological benefits. The program will be held on Fridays from 9:00 to 10:00am.

Registration will take place at the Hazen Centre with the instructor. FREE!

Discovery Gallery

Looking for something neat to purchase for a unique gift?

Check us out at the Oromocto Arts and Learning Centre.

Open Monday to Thursday (11:30 am - 1:30 pm & 6:00 - 9:00 pm)

For further info, or to make an appointment - call 357 - 5400 or 357 - 3838

**A must see - the very popular Lintuhtine Melodies Fourth Annual Cabaret
Saturday, May 4th at 7:00 pm. at Hazen Park Centre, Oromocto.**

Tickets available from members or call 357 - 3838.

\$15.00 for Adults and \$10.00 for Seniors, Students and Children.

YOUTH CLASSES

Please call 357-4455 for info. Registration takes place on the 1st floor of the Municipal Building.

Recreational Gymnastic (Ages 4-10 yrs)

Instructor Meghan MacDonald will teach your child the basic movements of gymnastics. For youth ages 4-10.

4 & 5 yrs - 11:00am

6 - 10 yrs - 12:00pm

***Please note that your child may be switched to a different class depending on skill level

Begins: 5 May Sun Fee: \$60/ 6wks

Gymkids (18 months - 3 years)

This program is a coach-led, parent-guided class that uses a variety of hand apparatus (balls, hoops, etc.) and basic gymnastics equipment to improve muscle development, flexibility and simple gymnastics skills in a fun and safe environment.

Max. 8 children (plus their parents)

Begins: 6 May Mon 10:15 - 11:00am Fee: \$14/ 4 wks

Zumbatomic® (Zumba® for Kids)

The crazy-cool dance fitness workout inspired by Zumba® but for kids! Your child will love to move & groove to hip hop, salsa, reggaeton and more! For youth ages 4 to 9 years. **Pre-registration is required!** Limited space available. Maximum of 18 children.

Begins: 29 April

6:00 to 6:45pm

Mon \$31/ 4 wks

A TOWN RESIDENT REBATE WILL APPLY TO ALL YOUTH PROGRAMS

RECREATION AND PARKS BUILD STRONG FAMILIES AND HEALTHY COMMUNITIES



THE 2013 BASEBALL SEASON IS APPROACHING

Registration will take place
at the Oromocto Mall
on the following dates:

Tuesday, 3 April from 6:30 pm to 8:30 pm
Tuesday, 10 April from 6:30 pm to 8:30 pm
Tuesday, 17 April from 6:30 pm to 8:30 pm
Saturday, 20 April from 12:00 pm to 4:00 pm
Tuesday, 24 April from 6:30 pm to 4:00 pm
www.oamba.ca

NEED A VENUE FOR YOUR
“SPECIAL OCCASION”?

**Hazen Park Centre
994 Onondaga Street
is available for Rent**

For additional information
please call 357-4459 or e-mail
lflight@oromocto.ca

OROMOCTO AREA SOCCER ASSOCIATION REGISTRATION -SUMMER 2013

**April 13
Oromocto Mall 10am to 2pm**

**April 15 to April 18 & April 30
Soccer Hut (beside the tennis courts) 6pm to 8pm**

**April 27
Soccer Hut 10am to 2pm**

Attend the Blue Jays
Honda Instructional Clinic
▶ SUNDAY, AUGUST 4, 2013 AT WAASIS BALL DIAMOND, OROMOCTO ◀

EACH PARTICIPANT RECEIVES A BLUE JAYS T-SHIRT AND CAP!
CLINIC RUNS FROM 9:00 A.M. TO 1:00 P.M.
COST IS \$40 PER PARTICIPANT.

SPECIAL GUEST INSTRUCTORS
DUANE WARD & HOMER BUSH

HONDA [Register Now](#)

To Register: www.toronto.bluejays.mlb.com (follow the link)



**193 RESTIGOUCHE ROAD
OPEN TUES/THURS
12PM to 6PM
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We offer a wide selection of **pet food** and **pet products** at fantastic prices! www.frederictonvet.ca

**TOWN OF OROMOCTO
RECOGNITION PROGRAM**

The annual Town of Oromocto Recognition Program is designed to recognize outstanding achievement in the areas of sport, recreation, business and volunteer service.

Categories include:

- Provincial / Atlantic & Maritime
- National / International Awards
- Volunteer & Business Service Awards

**The nomination deadline is 4 April 2013
and forms are available at
Oromocto Municipal Offices 4 Doyle Drive.**

CENTRAL VALLEY ADULT LEARNING ASSOCIATION INC., 137 MacDonald Avenue, Oromocto, NB



**FREE FINANCIAL LITERACY PROGRAM
THINGS YOU WILL LEARN:**

- Making Money
- Making Money Decisions
- The Art of Budgeting
- Buying a Home
- Student Loans
- Living on Your Own
- Banking Services
- Saving & Investing
- About Credit & Credit Cards
- Consumer Awareness & Privacy
- In Trouble
- Influence of Advertising



**Classes will be 3 hours once a week for 8 weeks. Day, evening and weekend classes available.
Classes held at a public location in your community
Call Jessica 357-7892 or email her at admin@cvala.ca to get your name on our class list today.**

OROMOCTO PUBLIC LIBRARY 357-3329

Apr 1 The library will be closed for **Easter Monday**.

Apr 12 The over-fifty crowd is invited to our **BROWSE & BRUNCH** at 9:00am. This hour is packed full of food, fun and conversation. Please call in advance to reserve your seat.

Apr 13 The Oromocto Public Library kicks off **Silent Sidekicks "READING TO THE ANIMALS" program** at 2:00pm. Interested parents and children can learn about the program and sign up for reading sessions with Morgan, a Golden Retriever.

The library is offering a drop-in evening story time, the **SANDMAN STORY TIME** each Tuesday evening at 6:30pm. This 30-minute family program offers plenty of stories, fun and a small craft. Fun for the whole family!

For more info on the above programs and to register please call 357-3329.

If you are unable to prepare your income tax return, the **Community Volunteer Income Tax Program (CVITP)** may be able to help you. Community organization volunteers will assist **eligible taxpayers** who have low income and simple tax situations. The library will be hosting income tax clinics in April, on Wednesday evenings and Thursday, Friday and Saturday afternoons. The clinics are **by appointment only**. For more info and to book your appointment, please call 357- 3329.

All Library programs are free of charge.

The Library offers free internet access as well as printing services.

HOURS OF OPERATION

- Mon 10:00am - 6:00pm
- Tues & Wed 10:00am - 8:30pm
- Thurs 10:00am - 6:00pm
- Fri & Sat 10:00am - 5:00pm



TRANS CANADA and DEER PARK TRAIL



CAUTION

Although motorized vehicles are not permitted on the Town Trail System, users may encounter Town Maintenance vehicles while visiting.

If you discover any maintenance concerns while using the Trail System please call 357-8155 or e-mail recreation@oromocto.ca



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OROMOCTO CERAMICS CLUB , 62 MIRAMICHI ROAD

The Club is open to everyone! Hours: Monday/Wednesday: 6pm to 9pm / Sunday 10am to 4 pm

We have FAMILY/OPEN HOUSE DAYS ~ Every 3rd Saturday of each month.

Anyone can drop in and paint ceramics. Prices start as low as \$1 ~ average price is \$5.

Paints and brushes are supplied. We also give Birthday Parties! For info call Donna at 357-3600.

Capital Area Minor Football’s spring tackle program starts on Sunday April 7 with registration and indoor sessions at the Nashwaaksis Field House in Fredericton starting at noon. After that the program moves outdoors for practices and games on the turf fields in Fredericton and Oromocto. The spring program concludes on June 2.

Age groups are U12 (born 2002-4), U14 (born 2000-1) and U16 (born 1998-9). Cost to play is \$120 which includes all equipment except footwear. **No prior experience is required.** This is a great program for new players to learn the game.

For more information and to register online go to www.capitalareafootball.nb.ca

COMMUNITY RECREATION & SPORTS CONTACT INFORMATION

- ~ Oromocto Minor Hockey Association - www.omhahockey.ca
- ~ Oromocto Area Minor Football Association - www.capitalareafootball.nb.ca
- ~ Oromocto Area Soccer Association - www.oromoctosoccer.goalline.ca
- ~ Oromocto and Area Minor Baseball Association - www.oamba.ca
- ~ Oromocto Skating Club - www.oromoctoskaters.yolasite.com
- ~ Oromocto Ringette Association - oromoctoringette@gmail.com
- ~ Oromocto & Area Basketball Association - **Find Us On Facebook!**
- ~ Oromocto Dragons Judo Club - jeanpierrecantin@yahoo.ca
- ~ Oromocto Boxing Club - oromoctoboxingclub@gmail.com or **Find Us On Facebook**



Do you have trouble understanding people in a crowd or on the phone? Favouring one ear?

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River Valley Hearing Clinics

(506)357-3222



OROMOCTO ROTARY CLUB
“Service Above Self”

Rotary Calendar Winners for March

Peggy Powell, Dick Isabelle
Kim Pomeroy, Karen Topilnycky

DINNER MEETING - UNITED CHURCH
MONDAYS 6PM

COMMUNITY NOTICES

OROMOCTO'S RELAY FOR LIFE - DINNER, AUCTION & FASHION SHOW
HAZEN PARK CENTRE, 11 APRIL 2013 Doors open at 5pm - Dinner at 5:30pm
Tickets are \$20 and are available at the Lotto Booth in the Oromocto Mall.
Proceeds go to the survivor's team "Visions of Hope".
For further information please call Betty Damery @ 446-4609

TOWN OF OROMOCTO NOTICE OF MEETINGS

10 & 16 April 5:30pm Council in Committee Meeting / 18 April 7:00pm Regular Session

OROMOCTO BOXING CLUB

Located behind the Library on Miramichi Road
Monday to Thursday Co-Ed Classes 6:00pm to 7:30pm. *** First Class FREE
Contact Info: oromctoboxingclub@gmail.com or check us out on Facebook!

MEALS ON WHEELS OROMOCTO & AREA (VOLUNTEERS NEEDED)

For More Info Please Contact:
Nancy Nitz-Ashby (Coordinator) 357-0950 Murry Parlee (President) 357-2543

OROMOCTO PIONEERS SQUARE DANCE CLUB

OHS Cafeteria on Monday Nights
Club Dancers/Plus 7:00pm / Beginners Class/Club Mainstream 8:00pm
For more info call Ed Garnett at 446-6058 or 449-0135

BECOME AN AIR CADET

Bldg D-15, Base Gagetown, Wednesday Evenings, 6:30pm to 9:15pm.
For more info call Capt Scott Rowe 422-1020 Cost: FREE

Become an Army Cadet (ages 12 to 19)

Bldg. D-57, Base Gagetown, Sunday afternoons, 1:00 PM to 4:00 PM.
For more info call Capt Mike Law at 454-6722 or Brian Vessey at 446-6974
Cost: FREE



375 Miramichi Road
Oromocto, NB
E2V 4T4

Tel: (506) 446-5030
Fax: (506) 446-5883
00860mgr@sobeys.com

BIRTHDAY PARTY AGES 5-10
Book Your Party Today!
Sobeys Community Room
Oromocto

EVERYDAY COOKING CLASSES IN THE COMMUNITY ROOM 446-5030

Apr. 9 Tues 6:00-8:00pm (Seafood—Mussels)
 Marinated Mussel Romaine Salad, Angel Hair Pasta with Mussels
 Strawberry Kiwi Dessert Stacks

Apr. 16 Tues 12:00-2:00pm (Taste of the World)
 Indian Tomato Soup, Beef Goulash, Banoffee Treats
Register with the Town of Oromocto 357-4455 Limited to 15 participants & must be registered

Apr. 30 Tues 6:00-8:00pm (What's for Dinner)
 Spicy Chicken Soup, Beef & Broccoli Stir-Fry
 Mapely Nutty Pudding



Oromocto Family Market
Uniting Our Community

Location: Hazen Centre - Time: 10am - 4pm
 First Sunday of Every Month
www.oromoctofamilymarket.com



OROMCTO DRAGONS JUDO CLUB
 Offers Judo Classes for all levels
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E-mail: jeanpierrecantin@yahoo.ca



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odc

Oromocto Dental Centre Dr. Peter Currie, D.D.S., M.Sc

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Oromocto NB Canada E2V 2G9

Tel: 506-446-3300 - Fax: 506-446-3885



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Saturday - 10:00am to 5:00pm, Sunday - Closed

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506-470-1135 or visit www.tmcert.ca



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www.oromoctopioneergardens.ca
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