


# FEBRUARY 2010

## RECREATION IN OROMOCTO


REGISTRATION FOR ALL LEISURE SERVICES PROGRAMMES/COURSES/WORKSHOPS  
(UNLESS OTHERWISE INDICATED) WILL TAKE PLACE AT THE  
MUNICIPAL BUILDING, 4 DOYLE DRIVE ON THE 1ST FLOOR.

### Oromocto Snowfest 2010 Schedule of Events

#### Friday 26 February



**Frosty Fun - Oromocto Library 3:30pm to 4:30pm**  
**Pre-Teen Dance - Oromocto Community Centre 6pm to 8pm**  
**55+ Card Party - Hazen Park Centre 7:30pm to 9:30pm**  
**Oromocto Mall Talent Show - Oromocto Mall 6pm to 8pm**



#### Saturday 27 February

**Rotary Club Breakfast - Hazen Park Centre 9am to 12noon**  
**Arts & Craft Show and Sale - Hazen Park Centre 9am to 3pm**  
**Perley the Magician - Hazen Park Centre 12noon to 1pm**  
**Concession open - Sir Douglas Hazen Park 12noon to 4pm**  
**Jumping Jack - Hazen Park Centre 1pm to 3pm**  
**Biathlon Demonstration - Sir Douglas Hazen Park 1pm to 3pm**  
**Kid's Fun Bingo - Hazen Park Centre 1pm to 3pm**  
**Pony Rides - Small Craft Aquatic Centre 1pm to 3pm**  
**Snowmobile Rides - Sir Douglas Hazen Park 1pm to 3pm**  
**Sleigh Rides - Sir Douglas Hazen Park 1pm to 3pm**  
**Dog Sled Rides - Sir Douglas Hazen Park 1pm to 4pm**  
**Ice Sculptures - Sir Douglas Hazen Park 1pm to 4pm**  
**Hot Chocolate & Cake - Hazen Park Centre 1pm to 4pm**  
**Skating & Hot Chocolate - Tennis Court Rink 6pm to 7pm**  
**55+ Card Party - Hazen Park Centre 7:30pm to 9:30pm**

#### Sunday 28 February

**Family Sledding Party - Lindsay Valley 12noon to 5pm**



**Dr. J.G. White / Dr. M. Soicher / Dr. Tara McCarthy**  
**Optometrists - 1285 Onondaga St., Oromocto**



Eye Examinations, Contact Lens Fitting, Children and Designer Frames Available  
Evaluation for Laser Surgery Vision Correction

*Examens visuels disponible en français*

**New Patients Welcome, Please call 357-3392**  
**Office Hours: 8 am - 5 pm Monday to Friday**

## Leisure Services Adult Courses & Workshops

(For info call 357-4456) Registration 8:30-4:30 Mon to Fri at 4 Doyle Drive

### Our Family Fitness Hour

Come to a class where you can help teach your children to be healthier by participating and having fun with them. This class will help strengthen muscles (including the heart), increase flexibility, help with posture, improve self esteem, increase relations, enhance healthy growth & development, and meet new friends. All fitness levels welcome.

**Begins: 2 Feb 6:30 to 7:30pm Tue \$24 / 4 weeks**

### For Today's Woman Workshop Series

Come and join Michele Madore weekly for an hour discussion on topics related to Women and Wealth. Michele delivers a comfortable and effective series of educational sessions relating to the World of Investments that is sure to provide value to all that attend. Topics include the balancing act of money, the four investment umbrellas, guarantees facts and myths, the pride of ownership and bringing it all together. To reserve your seat call Bill at 357-4456!

**Begins: 3 Feb 10:00 to 11:15am Wed / 5 weeks**

### Acrylic Painting

Enhance your knowledge of acrylics with this course designed by Judy Lynn Sorrie. Beginner to advanced skill levels welcome. A supply list is provided when you register. Three participant maximum!

**Begins: 9 Feb 7:00 to 9:00pm Tue \$29 / 4 weeks**

### Pencil Drawing

Joyce Kuzyk will assist you in acquiring the basic skills of realistic drawing. In eight easy classes you will master a pencil in ways you may not have considered possible! A supply list is provided when you register at Oromocto Leisure Services.

**Begins: 9 Feb 6:30 to 8:30pm Tue \$44 / 6 weeks**

### Chinese Cooking

You will learn to create 2-3 authentic Chinese dishes from instructor Ming Chen.

**Date: 10 or 24 Feb 1:30 to 3:30pm Wed \$24**

### Oil Painting

Enhance your knowledge of oil painting with this course designed by Judy Lynn Sorrie. Beginner to advanced skill levels welcome. A supply list is provided when you register. Five participants max.

**Begins: 10 Feb 7:00 to 9:00pm Wed \$29 / 4 weeks**

### First Aid CPR/AED Training

The Canadian Red Cross offers a wide variety of First Aid and CPR/AED training courses to help workplaces be compliant with both federal and provincial/territorial occupational health and safety legislation. Learn the essentials of first aid, CPR/AED with this course

**Date: 20/21 Feb 9:00am to 5:00pm Sat/Sun / \$90**

## Leisure Services Adult Wellness Programmes

(For info call 357-4456) Registration 8:30-4:30 Mon to Fri at 4 Doyle Drive

### Rec. Co-ed Badminton

This programme takes a non-competitive format and is designed to enhance your fitness level, provides a fun evening out on Tuesdays 7:30 to 9:30 p.m. Harold Peterson Middle School is the venue. **To sign-up or for additional information please call Bill at 357-4456.**

### Rec. Ladies Basketball

This programme takes a non-competitive format and is designed to enhance fitness level. Bring a friend and have fun! Basketball is taking place at Harold Peterson Middle School on Wednesday evenings, 7:15 to 9:30 p.m. **To sign-up or for additional information please call Bill at 357-4456.**

### Recreational Co-Ed Volleyball

This programme takes a non-competitive format and is designed to enhance your fitness level. Volleyball is held Thursday evenings at Harold Peterson Middle School 7:30 to 9:30 p.m. **For additional information please call Tracy at 471-0346.**

### Back Care 101: Get a stronger back for life!!

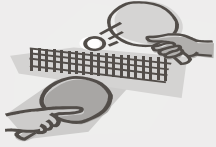
Is your back sore at the end of your workday? Is your back keeping you from doing the things you want to do? Learn to help improve your back stability to help you lead your best life!!

**Date: 27 Feb 10:00am to 12:00noon Sat \$39**

### Yoga for Stress Relief

Learn ways to prevent stress or to relieve stress through yogic breathing and poses .

**Date: 13 Mar 10:00am to 12noon Sat \$39**



## Oromocto Ping Pong Club

If you have played or are interested in learning how to play ping pong please call Ming at 472-2020 for additional information on this new club held at the Hazen Park Centre Sundays 2:00 to 4:00pm.

### AWAKEN CINEMA CIRCLE

The “awaken Cinema circle” course examines personal development and spiritual growth by exploring a wide variety of ways in which to change, grow, and achieve one’s creative potential. The class advances a multi-faceted approach by combining theory, personal experience, and self-reflection with the use of film, teaching, practice, hands-on activities, exercises, group discussion and experiential learning.

**For additional information please visit [www.oromocto.awaken-event.com](http://www.oromocto.awaken-event.com)**

### AWAKEN CINEMA CIRCLE RESOLUTIONS

A free “Resolutions to Reality” workshop will be held 16/17 Feb 7:00 to 8:30pm, and **to register call 357- 4456 or for additional information call Donald at 357-8345.**

### AWAKEN CINEMA CIRCLE PHASE 1

In this phase you will learn to identify and dissolve the mental barriers that distort your perception of reality, hold you back, and rob you of the peace and fulfillment you deserve. You will unlock the freedom to think in new ways.

**Begins: 9 March 6:30 to 9:00pm Tue \$59 / 4 weeks**

### AWAKEN CINEMA CIRCLE PHASE 2

In this phase you will gain awareness of your power to intentionally shape and mold your world. You will recondition your mind to create the life you most desire.

**Begins: 6 April 6:30 to 9:00pm Tue \$59 / 4 weeks**

### AWAKEN CINEMA CIRCLE PHASE 3

In this NEW phase you will learn methods to explore the “inner cosmos” of and how it relates to the “outer cosmos” of the physical world. This course is designed for those who have completed Awaken Cinema Circle or Phase 1 & 2.

**Begins: 05 May 6:30 to 9:00pm Tue \$69 / 4 weeks**

## 55+ CORNER

**FOR INFO ON THESE PROGRAMMES CALL THE PHONE NUMBER LISTED OR CALL BILL AT 357-4456.**

### Retired Man’s Ice Hockey

Are you retired with all this time on your hands? If you want to stay active, then join us for some free pick-up hockey Mondays 10:45 to 11:45am at the Kings Arrow Arena, **For additional details or to sign-up please call Lowell Carr at 357-6193.**

### Aquafitness

A great way to stay physically fit! Designed to enhance fitness level and independent living! The programme runs Tuesday and Thursday mornings from 10:00 to 11:00am. There is no charge for this programme.

### Carpet Bowling

Enjoy this challenging game every Tuesday and Wednesday mornings from 10:30am to 12noon. No experience is necessary. **For additional info please call Bill at 357-2017.**

### Indoor Walking Club

Enjoy a relaxing walk with our indoor walking club at the Base Fitness Centre from 11:00am to 12noon on Tuesday and Thursday. Bring a friend, a bottle of water and have fun! **To register please call 357-4456!**

### Bridge

A bridge club is established in Oromocto. If you enjoy playing bridge come join us Wednesdays from 1:00 to 3:15pm at the Hazen Park Centre 994 Onondaga Street. **For additional information please call Betty at 357-8002.**

### Bingo at the Manors

Enjoy a few games of fun bingo with friends on Tuesday 16 February at the Foresters Manor 1:30 to 2:30pm.

### Recycled Teenagers

This stretching and mild exercise class takes place each Monday and Wednesday morning 9:00 to 10:00am at the Royal Canadian Legion Branch 93 on Restigouche Road. **For additional info please call Helen at 357-6888.**

### Cribbage, Euchre, Pool, & Shuffleboard

Each week these activities take place at the Royal Canadian Legion on Restigouche Road. **For additional information please call 446-5133.**

## Oromocto Community Adult Learning Centre 357-7892

### Some of our Services offered:

Computer/Internet use- \$2.00 / visit  
Printing- \$0.15 / page  
Faxing/Colour Copy- \$0.25 / page  
Business Cards - \$2.00 / sheet of 10

Microsoft Office Certifications - Cost \$40.00  
Come and visit us for a list of available courses

### Facebook Class

Learn how to create an account and use Facebook to keep in touch with loved ones and friends!

Feb. 16<sup>th</sup> and 23<sup>rd</sup> 6:00pm – 8:00pm  
\$15.00 for both evenings

Do you have a question about your computer or its programs? Give us a call to set up your one-on-one learning experience! \$5.00/hr

### After School Project Club Grades 4 to 7

Mon to Thurs – 3:30pm to 4:30pm  
\$5.00/day per child (Printing costs not included)  
Call for more info and please register in advance.

### Free GED preparation in class or online

Call for more information!

137 MacDonald Ave , Oromocto NB

Phone: 357-7892

E-Mail: [cal.oromocto@gnb.ca](mailto:cal.oromocto@gnb.ca)

Website: <http://oromocto.cnbb.org>

Facebook: “Oromocto Community”

### Heritage Week – Feb 8 - 15

Drop in to the Centre any time and get some practice surfing the internet and have fun researching New Brunswick's past with our Heritage Week Internet Scavenger Hunt!

## PRETEEN DANCE (8 to 12 yrs)



FRIDAY, 26 February

6:00pm to 8:00pm

Oromocto Community Centre

Cost: \$3 (\$2 with Food Bank Donation)

## PUBLIC SKATING KING'S ARROW ARENA

Monday to Friday 12:00 - 1:00 pm

Monday to Friday 2:30 - 3:45 pm

Sunday 2:45 - 4:15 pm



If you are between the ages of  
13-19 go to

**SOGO Active.com**

and let us know how active you are



## OUTDOOR SKATING RINKS

WEATHER PERMITTING, OUTDOOR RINKS ARE AVAILABLE AT THE FOLLOWING LOCATIONS:

\*\*\* Tennis Courts on Winnebago Street

\*\*\* Deer Park

\*\*\* Anniversary Park

For info on Leisure Services Youth Programmes please call 357-4455.  
Registration takes place from 8:30am to 4:30pm Monday to Friday at 4 Doyle Drive.

## OROMOCTO'S DISCOVERY GALLERY

A number of local artisans will be at the Gallery 10:00am 5:00pm, Monday through Friday, displaying and creating works of art. **Discover Oromocto's history**, and experience an inspirational atmosphere with local artisans at the Visitor Information Centre, located at the Restigouche, Waasis Road intersection. **For additional information please call Judy Lynn Sorrie at 357-3025 / 292-0784.**

**Feb 2** The **SANDMAN STORY TIME** continues at 6:30pm. This 30-minute evening story time is fun for the whole family! No registration is needed for the drop-in program.

**Feb 12** The over-fifty crowd is invited to our Heritage Week **BROWSE & BRUNCH** from 9:00am to 10:00am. This year's theme is "The Global Village." Join us and enjoy stories from around the world. **Please call in advance to reserve a seat.**

**Feb 20** The **MOTHER-DAUGHTER BOOK CLUB** will meet at 3:00pm. To join, or for more information, call 357-3329.

**Feb. 23** A **CONFLICT RESOLUTION WORKSHOP** will be held from 6:00-8:30pm. Learn to understand sources of conflict and how to develop a process leading to resolution. Sophie-Michèle Cyr from the Falls Brook Centre will be leading the workshop. **Please register in advance for this free program by calling 357-3329.**

**Feb 26** The library's Oromocto Family Snowfest program called **FROSTY FUN** starts at 3:30pm. Children are invited to enjoy an hour of stories, crafts and a puppet show. Refreshments will follow. **Please register in advance.**

**For more information about these free programs call the library at 357-3329**

**The following hours are in effect:**

|           |                  |
|-----------|------------------|
| Mon       | 12:30pm - 8:30pm |
| Tues/Wed  | 10:00am - 8:30pm |
| Thurs     | 10:00am - 6:00pm |
| Fri & Sat | 10:00am - 5:00pm |
| Sun       | CLOSED           |



**OROMOCTO PIONEER SQUARE DANCE CLUB**

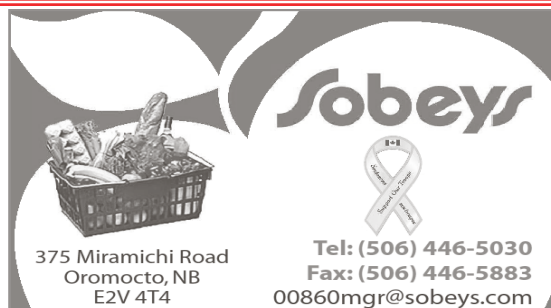
**IS HAPPY TO WELCOME NEW DANCERS! FOR DETAILS PHONE: 357-6002 OR 458-1362**

**MEALS ON WHEELS OROMOCTO & AREA**

**For More Info Please Contact:**

**Nancy Nitz-Ashby (Coordinator) 357-0950**

**Murry Parlee (President) 357-2543**



**In the Community**

**4-7 Feb Annual LogSpiel - Proceeds to the Foodbank**

**14 Feb Rotary Calendar \$500 Draw (calendars still avail)**

**27 Feb Town of Oromocto Snowfest Breakfast at Hazen Centre 9:00am - 12:00**

**Filler Up Foodbank Campaign 10-days leading up to Easter**

**IN THE COMMUNITY ROOM Nutritional Programs with Dietitian Margaret Langille**

**Heart Health, Whole Grains, Omega 3, Control Blood Sugars, Food labels & packaged food**

Tue 2 Feb 1:30 - 3:00 Control Cholesterol Wed 3 Feb 10:00 - 11:30 Great Grains  
 Tue 9 Feb 2:00 - 3:30 Omega 3 fats Wed 10 Feb 10:00 - 12:00 Control Cholesterol  
 Wed 17 Feb 10:00 - 11:30 Control Diabetes Tue 23 Feb 10:00 - 12:00 Label Reading Tour  
 Wed 24 Feb 10:00 - 12:00 Control Diabetes

**TWO EVERYDAY COOKING CLASSES EACH MONTH WITH CHEF RAY HENRY**

Seating for 15 only. Cost is \$15 for each class and pre-register is required. Dates and times are available in store and menu will appear in weekly flyers.

**Operation Red Nose - 229 safe drives home, \$3700 in Donations**

# COMMUNITY NOTICES



**Come join Rotary for Breakfast during Winterfest Saturday 27 February at the Hazen Park Centre from 0900-1200 noon.**

**Goodwill donations accepted to help support Rotary "Service above Self".**

**Rotary Lottery Calendars** are being sold and you could win every week for the entire year. To purchase your Calendar call Dianne Buchanan at 357-5819.

**Bonus Draw for \$500.00 four times during the Year.**

**Monies raised from these Calendars help support local initiatives.**

## TOWN OF OROMOCTO NOTICE OF MEETINGS

**10 & 16 FEB 5:00pm Council in Committee Meeting      18 FEB 7:00pm Regular Session**

## DON'T FORGET... OROMOCTO SNOWFEST 2010

**STARTING FRIDAY 26 FEBRUARY**

**"SOMETHING FOR EVERYONE"**

**Call Bill at 357-4456 for more info or to volunteer!!!**



**"SOUP'S ON!" THURSDAYS**, every Thursday 11:30 am to 1:00 pm (unless schools are closed) St. John's Anglican Church Hall, 58 Broad Road, Oromocto. Enjoy homemade soups, rolls, crackers, tea or coffee & dessert! **Please call to help us plan each week, Betty-Ann Forbes 357-6624, or Nancy Tynes 357-8692.**

**Freewill donations gratefully accepted.**

## TOWN OF OROMOCTO RECOGNITION PROGRAMME

The annual **Town of Oromocto Recognition Programme** is designed to recognize outstanding achievement in the areas of sport, recreation, business and volunteer service. Categories include:

Provincial / Atlantic & Maritime /  
National / International Awards  
Volunteer & Business Service Awards

The nomination deadline is 1 April 2010 and forms are available at Oromocto Municipal Offices 4 Doyle Drive.

## OROMOCTO DRAGONS JUDO CLUB

**Located at 137 MacDonald Ave**

**for more info call 506-449-3637 or E-mail: [jeanpierrecantin@yahoo.ca](mailto:jeanpierrecantin@yahoo.ca)**

## I love Water Polo \*Free Introductory Clinics\*(ages 8-13)

Sunday, February 14<sup>th</sup> and 21<sup>st</sup> @ 10:30am-12:00pm Location: CFB Gagetwon Fitness Centre (building M-2)

Must be a confident deep water swimmer      No water polo experience required!

**Register at [ilovewaterpolo@waterpolo.ca](mailto:ilovewaterpolo@waterpolo.ca) Or see the website: [www.ilovewaterpolo.ca](http://www.ilovewaterpolo.ca)**

**SENIORS CURLING  
OROMOCTO GOLF & CURLING CLUB**

Every Monday & Wednesday Morning  
9am to 11:30am

**Cost: \$5.00 per person per day**

Come out and have some fun

You don't have to be a curler to enjoy!

**For more info contact Karl Johnson at 357-9409**

**JUNIOR PLAYER  
DEVELOPMENT FOOTBALL (AGES 10-13)**

Harold Peterson School 6:00pm to 7:30pm

Tues & Thurs Price: \$30

Football NB will offer an indoor program commencing 16 Feb to 22 April twice weekly.

Open to boys and girls interested in Football.

**Contact Dave Blanchard at 357-2098 for more info.**



**Bilingual Services**

**Roseline Comeau**  
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Oromocto, NB

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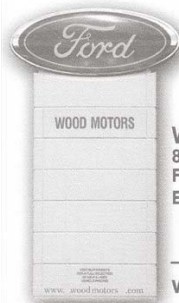


**Cromocto Pioneer Gardens  
Cemetery Company Inc.**

Information available on our web site at  
[www.romocto.ca](http://www.romocto.ca) Select the 'Resident' tab for the  
link to the cemetery.

Contact us at 292-2477, or by e-mail:  
[romoctopioneergardens@rogers.com](mailto:romoctopioneergardens@rogers.com)

New Columbarium was installed in the Field of Honour in June.  
Contact us for sales info or watch media for details.



**Gord Hallihan**  
Sales Consultant

**Wood Motors Ford**  
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Fredericton, NB E3B 5E3  
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**GIRL GUIDE REGISTRATION**

Join us for fun, friendship &  
new adventure!

Sparks: 5-6    Brownies: 7-8    Guides: 9-11  
Pathfinders: 12-14    Rangers: 15-17  
Women Volunteers: 18 or 19 +

Call Laurie at 357-0936, or [gnlmul@nbnet.nb.ca](mailto:gnlmul@nbnet.nb.ca)  
Lorraine at 357-8099, or [ldawe@nb.sympatico.ca](mailto:ldawe@nb.sympatico.ca)  
or 1-800-565-8111

**Find out more at [www.girlguides.ca](http://www.girlguides.ca)**

The **Block Parent® Program** is coming back to Oromocto! To become involved in the local committee and/or to become a Block Parent®, contact **Amanda Wirth-Pothier, Oromocto Coordinator at 292-9266 or by email [Amanda\\_w\\_p@hotmail.com](mailto:Amanda_w_p@hotmail.com)**



**Kelly Murdock**  
506. 461.7800  
[kellymurdock@royallepage.ca](mailto:kellymurdock@royallepage.ca)  
[www.kellymurdock.ca](http://www.kellymurdock.ca)

- Knowledgeable and experience of the military lifestyle
- Enthusiasm, energetic, professional, honest & dependable
- Proud Resident of Oromocto for 18 years
- Active community member
- Relocation Specialist

*Kelly doesn't just sell houses  
she matches buyers  
With homes!!!*

# odc

Oromocto Dental Centre Dr. Peter Currie, D.D.S., M.Sc

202 Restigouche Road,  
Oromocto NB Canada E2V 2G9



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357-back (2225)  
Email: bakdoc@nbnet.nb.ca

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For your pet needs, nutrition, supplies and training.

*Hours: Monday to Friday - 9:00am to 8:00pm,  
Saturday - 9:00am to 5:00pm, Sunday - Closed*

Owned and operated by Julia Anderson-member of  
CAPPDT-Canadian Association of Professional  
Pet Dog Trainers.

**"YOUR PET DESERVES  
PAWSATIVE REWARDS"**

**OROMOCTO ROTARY CLUB**  
"SERVICE ABOVE SELF"

WANT TO JOIN AN ORGANIZATION  
THAT WORKS TO BUILD A BETTER  
WORLD? BECOME A MEMBER OF THE  
OROMOCTO ROTARY CLUB.

For more info call Bucky Matheson at  
357-6018.

DINNER MEETING - UNITED CHURCH  
MONDAYS 6PM

**Social Butterfly Children's Centre**

Licensed Daycare Facility

Children Ages 2-12

Open 7:00 am to 5:30 pm



*Call Today for  
More Information  
446-4991*

**REMEMBER VALENTINE'S DAY**

February 14th Phone or Visit

**GREEN GLOVE FLORAL & GIFTS**

261 Restigouche Road  
357-9971



**Open Sunday February 14th**  
For All Your Floral Needs

**Take the worry out of preparing your  
Income Tax Return**

**VISIT YOUR LOCAL TAX SPECIALIST**

***"Cash Refund" in Less than 24 Hours***



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